

SUGGESTED USAGE: Take 2 capsules daily.

Silicon is the third-most abundant trace element in the body. Silicon is present in all body tissues as silica (silicon dioxide), and the tissues with the highest concentrations of silica are bone and other connective tissue including skin, hair, arteries, and nails.* Bamboo is one of the most abundant natural sources of silica.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CODE 8404 V1



bamboo silica beauty

Support for Hair, Skin & Nails*
Standardized to 70% Silica

90 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 2 Veg Capsules

Servings Per Container 45

Amount Per Serving

Bamboo Extract	760 mg**
(Bambusa vulgaris) (Shoots) (min. 70% Silica)	

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose and Stearic Acid (vegetable source).

Manufactured & Quality Tested by NOW FOODS
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Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

