

1656-60  
Rev. 4



★★★★★  
CERTIFIED



MASON natural  
EST. 1967

QUICK DISSOLVE

MELATONIN  
500 MCG



MAY SUPPORT

A HEALTHY SLEEP\*



60 TABLETS • DIETARY SUPPLEMENT

**DIRECTIONS:** Adults - Allow one tablet to dissolve in the mouth an hour before bedtime, as a dietary supplement.

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Melatonin	500 mcg	**

\*\* Daily Value not established.

**OTHER INGREDIENTS:** Sorbitol, cellulose, dicalcium phosphate, polyvinylpyrrolidone, stearic acid, magnesium stearate, silicon dioxide, artificial fruit flavors.

**GUARANTEED NO ADDED:** Sugar, Starch, Sodium, Yeast, Soy, Wheat, Dairy, Gluten, Fish, Tree Nuts, Peanuts, Egg, Fragrance, Artificial Colors, Preservatives, Animal Products, Crustacean Shellfish.

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**CAUTION:** For adult use only at bedtime. Not for use by children, teenagers, pregnant or lactating women. If you are taking medication or are under medical supervision, or have diabetes, an autoimmune disease, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs, or corticosteroids such as cortisone or prednisone, consult with your physician before taking this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or while operating machinery. This product may cause drowsiness.

Keep out of reach of children.

**TAMPER-EVIDENT SEAL:** Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20°- 25°C (68°-77°F).

Manufactured in the USA for:  
**MASON VITAMINS, INC.** Miami Lakes, FL 33014  
1-888-860-5376 • [www.MasonVitamins.com](http://www.MasonVitamins.com)



SOY FREE

Mason Natural® is a registered trademark and does not refer to any product or ingredient claim.



LOT/EXP. DATE