

Suggested Usage: Take 2 softgels daily with food.

NOW® Advanced Gamma E Complex is a full-spectrum vitamin E supplement that features gamma-tocopherol and includes the right balance of tocopherols and tocotrienols. Gamma-tocopherol, the most abundant relative of vitamin E in the diet, is especially important due to its unique ability to detoxify and eliminate reactive nitrogen species, a particularly destructive form of free radical.* The vitamin E family of tocopherols and tocotrienols is well known for its role in the maintenance of cardiovascular health and normal immune system function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Tocomin® is a registered trademark of Carotech Inc.

CODE 0811 V9



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Advanced Gamma E Complex

Antioxidant Protection*

Mixed Tocopherols
& Tocotrienols
120 Softgels
A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 2 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%**
Vitamin E (as d-alpha Tocopherol)	300 mg	2000%
Total Tocopherols	600 mg	†
Gamma-Tocopherol	200 mg	†
Mixed Palm Tocotrienol Complex (Tocomin®)	10 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob] and Rice Bran Oil. Contains soy.

Quality Tested & Packaged by NOW FOODS
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nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product also has the following naturally occurring
Mixed Tocopherols and Mixed Tocotrienols:
delta-Tocopherol, beta-Tocopherol, gamma-Tocotrienol,
alpha-Tocotrienol, delta-Tocotrienol, beta-Tocotrienol

