

Other ingredients: Microcrystalline cellulose, stearic acid, tablet coating [hydroxypropyl methylcellulose, glycerin], vegetable stearate, croscarmellose sodium and silica

\*\*Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex

Manufactured by: Douglas Laboratories  
600 Boyce Road, Pittsburgh, PA 15205  
www.douglaslabs.com 1.800.245.4440

**Suggested Usage:** As a dietary supplement, adults take 3 tablets daily or as directed by your health professional. This product is best taken with meals.

**Warning:** Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use. Discontinue immediately if a burning sensation occurs. Not recommended for people with ulcers.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place. Use only if safety seal is intact.



#### Gluten-free, Non-GMO

<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Formula #4546 V5

# Vitality Support™

## Multivitamin/Mineral Formula

### Dietary Supplement

Daily wellness and support  
for managing fatigue<sup>†</sup>



120 Tablets

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 40

| Amount Per Serving                                          | %DV    | Amount Per Serving                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | %DV  |
|-------------------------------------------------------------|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| Vitamin A ..... 6,750 mcg                                   | 750%   | Copper ..... 1.5 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 167% |
| (17% as vitamin A acetate/83% [5,625 mcg] as beta-carotene) |        | (as copper krebs <sup>††</sup> )                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |      |
| Vitamin C (as ascorbic acid/ ..... 750 mg                   | 833%   | Manganese (as manganese ..... 11 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 478% |
| calcium ascorbate)                                          |        | aspartate/sulfate complex]                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |      |
| Vitamin D <sub>3</sub> ..... 0.9 mcg (37.5 IU)              | 5%     | Chromium ..... 150 mcg                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 429% |
| (as cholecalciferol)                                        |        | (as chromium polynicotinate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |      |
| Vitamin E ..... 100.5 mg                                    | 666%   | Molybdenum ..... 37.5 mcg                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 83%  |
| (as vitamin E succinate)                                    |        | (as molybdenum krebs <sup>††</sup> )                                                                                                                                                                                                                                                                                                                                                                                                                                                               |      |
| Thiamine ..... 37.5 mg                                      | 3,125% | Potassium (as potassium ..... 56.25 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 1%   |
| (as thiamine mononitrate)                                   |        | aspartate/chloride complex]                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |      |
| Riboflavin ..... 18.75 mg                                   | 1,442% | Vitality Support Proprietary Blend ..... 375 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                    | *    |
| Niacin/Niacinamide ..... 90 mg                              | 563%   | Goldenseal ( <i>Hydrastis canadensis</i> , root), <i>Echinacea angustifolia</i> (root), <i>Echinacea purpurea</i> (root), Shiitake Mushroom ( <i>Lentinus edodes</i> , cap and stem), Chamomile (flower), Burdock ( <i>Arctium lappa</i> , root), Licorice ( <i>Glycyrrhiza glabra</i> , root), Betaine HCl, Astragalus ( <i>Astragalus membranaceus</i> , root), Malic Acid, Adrenal, Thymus, Magnesium Hydroxide, L-Cystine, N-Acetyl-L-Cysteine, L-Methionine, L-Cysteine HCl and Glutamic Acid |      |
| Vitamin B <sub>6</sub> (as pyridoxine HCl/ ..... 18.75 mg   | 1,103% | Aspartic Acid ..... 210 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | *    |
| pyridoxal-5-phosphate complex]                              |        | Citrus Bioflavonoids Complex ..... 75 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                           | *    |
| Folate (as folic acid) ..... 1,000 mcg DFE                  | 250%   | PABA (as para-aminobenzoic acid) ..... 37.5 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                     | *    |
| (600 mcg folic acid)                                        |        | Inositol ..... 18.75 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | *    |
| Vitamin B <sub>12</sub> ..... 75 mcg                        | 3,125% | Boron (as boron aspartate/ ..... 0.75 mg                                                                                                                                                                                                                                                                                                                                                                                                                                                           | *    |
| (as cyanocobalamin)                                         |        | citrate complex]                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |      |
| Biotin ..... 225 mcg                                        | 750%   | Trace Elements (from seawater) ..... 75 mcg                                                                                                                                                                                                                                                                                                                                                                                                                                                        | *    |
| Pantothenic Acid ..... 112.5 mg                             | 2,250% | Vanadium (as vanadium krebs <sup>††</sup> ) ..... 18.75 mcg                                                                                                                                                                                                                                                                                                                                                                                                                                        | *    |
| (as d-calcium pantothenate)                                 |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| Choline ..... 15 mg                                         | 3%     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| (as choline citrate/bitartrate)                             |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| Calcium (as calcium citrate/ ..... 225 mg                   | 17%    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| ascorbate/carbonate complex]                                |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| Magnesium (as magnesium ..... 225 mg                        | 54%    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| aspartate/ascorbate/oxide complex]                          |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| Zinc (as zinc krebs <sup>††</sup> /aspartate/ ..... 15 mg   | 136%   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| oxide complex]                                              |        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |
| Selenium (as selenium krebs <sup>††</sup> ) .... 150 mcg    | 273%   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |      |

\*Daily Value (DV) not established