

**DIRECTIONS:** As a dietary supplement, take 3 capsules two times daily, preferably before and after exercise.

Creatine is converted to phosphocreatine which is important for short energy bursts such as sprinting and weightlifting. Depletion of phosphocreatine can result in muscular fatigue and fading muscle power.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

FDA Registered Facility (Reg. #1023013) Mfg. under Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

**KEEP OUT OF REACH OF CHILDREN.**

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

**CAUTION:** Creatine should be avoided by children, adolescents, pregnant women, nursing mothers or anyone at risk for renal disorders such as diabetics.

**dc**<sup>®</sup>



Gluten Free

#190

**CREATINE**

**PERFORMANCE  
ENHANCER**

**For Power and Strength Athletes**

Dietary Supplement

**90 CAPSULES**

## Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

	Amount Per Serving
Creatine (as creatine monohydrate)	2250 mg*

\* Daily Value not established.

Other ingredients: Gelatin, vegetable cellulose, vegetable magnesium stearate, silica.



Mfg. by: **Dee Cee Laboratories, Inc.**<sup>®</sup>

304 Dee Cee Rd., White House, TN 37188

Made in USA

Rev #03