



Nutrition Facts

Serving Size: 1 Bar (60g)
Servings Per Container: 12

Amount Per Serving

Calories 240

Calories from Fat 80

		%Daily Value*
Total Fat	8g	12%
Saturated Fat	4.5g	23%
Trans Fat	0g	
Cholesterol	5mg	2%
Sodium	160mg	7%
Total Carbohydrate	23g	8%
Dietary Fiber	10g	40%
Sugars	5g	
Protein	23g	

Vitamin A	0%
Vitamin C	0%
Calcium	8%
Iron	2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram

Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: Protein Blend (Milk Protein Isolate, Whey Protein Isolate), Isomalto-oligosaccharides (Prebiotic Fiber), Peanut Flavored Coating (Sugar, Palm Kernel Oil, Partially Defatted Peanut Flour, Milk Protein Isolate, Nonfat Dry Milk Solids, Peanut Oil, Soy Lecithin [Emulsifier], Salt), Glycerine, Peanut Butter (Peanuts, Salt, Palm Oil), Peanuts, Peanut Flour, Whey Crisp (Whey Protein Isolate, Whey Protein Concentrate, Tapioca Starch, Calcium Carbonate, Soy Lecithin [Processing Aid]), Palm Kernel Oil, Soy Lecithin (Emulsifier), Natural Flavors, Salt, Stevia.

Allergen Information: Contains Peanuts, Soy and Milk. Produced on equipment that also processes Wheat, Tree Nuts and Eggs.