

1699-60
Rev. 4



CERTIFIED
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MASON  natural[®]
EST. 1967

OMEGA 3-6-9

FISH, FLAX & BORAGE OILS

MAY SUPPORT

A HEALTHY HEART*



60 SOFTGELS • DIETARY SUPPLEMENT

LOT/EXP. DATE

Supplement Facts

Serving Size 3 Softgels Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	40	
Calories from Fat	35	
Total Fat	3.5 g	4%†
Saturated Fat	0.5 g	3%†
Polyunsaturated Fat	2 g	**
Monosaturated Fat	1 g	**
Cholesterol	10 mg	3%
Protein	<1 g	2%
Triple Omega 3, 6, 9 Proprietary Blend	3,600 mg (3.6 g)	**
Organic Flaxseed Oil, Fish Oil, Borage Seed Oil		**
Typical Fatty Acid Profile:		
Omega-3		**
1,354 mg of Total Omega-3 Fatty Acids comprising of:		**
Eicosapentaenoic Acid (EPA)		**
Docosahexaenoic Acid (DHA)		**
Alpha Linolenic Acid (ALA)		**
Omega-6		**
296 mg of Total Omega-6 Fatty Acids comprising of:		**
Linoleic acid		**
Gamma Linolenic Acid (GLA)		**
Omega-9		**
266 mg of Total Omega-9 Fatty Acids Comprising of:		**
Oleic Acid		**

† Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

OTHER INGREDIENTS: Gelatin, vegetable glycerin, mixed natural tocopherols, purified water.

ALLERGEN CERTIFICATION - This product contains fish (anchovy, mackerel, sardine) ingredients and may contain soy.

GUARANTEED NO ADDED: Artificial Colors or Flavors, Sweeteners, Preservatives, Sugar, Starch, Milk, Lactose, Gluten, Wheat, Yeast, Shellfish. Sodium Free.

DIRECTIONS: Adults - Take three softgels daily, preferably with food, as a dietary supplement.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com



GLUTEN FREE

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