



effer-c[™]

effervescent drink mix

ELDERBERRY
1,000 MG
VITAMIN C

Net Wt. 5.5 g (0.194 oz.) A Dietary Supplement / Vegetarian-Vegan

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Effervescent
Drink
Mix

ELDERBERRY

1,000 MG OF VITAMIN C

ENERGY & IMMUNE SYSTEM SUPPORT*
VITAL ELECTROLYTES*
PLUS VITAMINS & MINERALS
MADE WITH REAL FRUIT



SUGAR FREE

30 Packets
NET WT. 165 g (5.82 OZ.)

A Dietary Supplement / Vegetarian-Vegan



Supplement Facts

Serving Size 1 Packet (5.5 g) Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	< 1%**
Total Sugars	0 g	†
Includes 0g Added Sugars		0%**
Xylitol	1 g	†
Vitamin C (as Ascorbic Acid and from Calcium Ascorbate)	1 g (1,000 mg)	1111%
Thiamin (Vitamin B-1) (from Thiamin HCl)	0.76 mg	63%
Riboflavin (Vitamin B-2)	0.5 mg	38%
Niacin (as Niacinamide)	10 mg	63%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	588%
Folate	25.5 mcg DFE (15 mcg folic acid)	6%
Vitamin B-12 (as Cyanocobalamin)	30 mcg	1250%
Pantothenic Acid (from Calcium Pantothenate)	2.5 mg	50%
Calcium (from Calcium Ascorbate and Calcium Pantothenate)	20 mg	2%
Magnesium (from Magnesium Carbonate)	60 mg	14%
Zinc (from Zinc Ascorbate)	5 mg	45%
Manganese (from Manganese Carbonate)	1 mg	43%
Chromium (from Chromium Ascorbate and Chromium Aspartate)	20 mcg	57%
Sodium (from Sodium Bicarbonate)	50 mg	2%
Potassium (from Potassium Bicarbonate)	180 mg	4%
Transport C-PLUS® (Trademarked blend of Calcium Ascorbate and Alpha Lipoic Acid)	230 mg	†
Alpha Lipoic Acid	5 mg	†
CoQ10 (Coenzyme Q10)	5 mg	†
Elderberry (10:1 Concentrate) (<i>Sambucus nigra</i>) (Fruit)	500 mg	†

** Percent Daily Values are based on a 2000 calorie diet. † Daily Value not established.

Other ingredients: Xylitol, Citric Acid, Tartaric Acid, Silicon Dioxide, Organic Stevia Leaf Extract (Enzyme-Modified Steviol Glycosides), Natural Raspberry Flavor and Malic Acid.

Quality Tested by & Packaged for NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

SUGGESTED USAGE: Empty 1 packet daily into 4 to 6 oz. of water.

Transport C-PLUS® is a registered trademark of Helios Corp.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place after opening.

This carton is made from 100% Recycled Material.



Packaged in the USA.

C0598

CODE 0598 V5

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ELDERBERRY

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Drink
Mix



Sweetened with

