

1463-30
Rev. 7

MASON natural
EST. 1967



★★★★★
CERTIFIED



FISH OIL
1000 MG | 600 MG
OMEGA-3

MAY SUPPORT



A HEALTHY HEART*



30 SOFTGELS • DIETARY SUPPLEMENT LOT/EXP. DATE

DIRECTIONS: Adults - Take one softgel daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Softgel

| | Amount Per Serving | % Daily Value |
|--------------------------------------|--------------------|---------------|
| Calories | | 10 |
| Total Fat | 1 g | 2%† |
| Cholesterol | 10 mg | 3%† |
| Fish Oil | 1,000 mg | ** |
| EPA (Eicosapentaenoic Acid)(Omega-3) | 300 mg | ** |
| DHA (Docosahexaenoic Acid)(Omega-3) | 200 mg | ** |
| Other Omega-3 Fatty Acids | 100 mg | ** |

†Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

OTHER INGREDIENTS: Gelatin, glycerin, vitamin E mixed tocopherols, purified water.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ALLERGEN CERTIFICATION - This product contains fish (mackerel, sardine, anchovy) oil and soy.

GUARANTEED NO ADDED: Sugar, Starch, Yeast, Wheat, Dairy, Gluten, Egg, Artificial Colors or Flavors, Preservatives.

Supportive, but not conclusive, research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.* One serving of Fish Oil 1,000 mg provides 600 mg of EPA and DHA omega-3 fatty acids.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered. Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

**SUSTAINABLY SOURCED
PURIFIED TO ELIMINATE MERCURY**

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
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GLUTEN FREE

