



Suggested Use:* As a dietary supplement, children 2 and over chew 5 soft gels daily. Ideally take with a meal. FOR DAILY USE.

Supplement Facts

Serving Size 5 Soft Gels
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories (energy)	15	
Calories from fat	15	
Total Fat	1.5 g	2%*
Polyunsaturated fat	0.5 g	†
Cholesterol	10 mg	3%*
Vitamin D3	1000 IU	250%
Omega-3 Fatty Acids as TG**	415 mg	†
EPA (Eicosapentaenoic acid)	130 mg	†
DHA (Docosahexaenoic acid)	230 mg	†
Other Omega-3 Fatty Acids	50 mg	†

* Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

Other Ingredients: Highly purified and concentrated Omega-3 fish oil, capsule (gelatin, glycerin, purified water), natural orange/berry flavor, **Proprietary Antioxidant Blend** (consisting of rosemary extract, ascorbyl palmitate and natural tocopherols (soy)) and cholecalciferol.

Contains fish (anchovy, sardine and mackerel) and trace amounts of soy (from natural tocopherols in the Proprietary Antioxidant Blend).

** Triglyceride form