

1223-200
Rev. 7



MASON  natural[®]
EST. 1967

FISH OIL
1000 MG | 300 MG
OMEGA-3

MAY SUPPORT

A HEALTHY HEART*



200 SOFTGELS • DIETARY SUPPLEMENT

DIRECTIONS: Adults - Take one softgel daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	2%
Cholesterol	< 5 mg	< 2%
Fish Oil	1,000 mg	**
EPA (Eicosapentaenoic Acid)	180 mg	**
DHA (Docosahexaenoic Acid)	120 mg	**
Total Omega-3 Fatty Acids	300 mg	**

Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Gelatin, vegetable glycerin, purified water, vitamin E mixed tocopherols.

ALLERGEN CERTIFICATION - This product contains fish (anchovy, mackerel, sardine) oil and soy.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

GUARANTEED NO ADDED: Wheat, Milk, Egg, Shellfish, Tree Nuts.

Supportive, but not conclusive, research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.* One serving of Fish Oil 1,000 mg provides 300 mg of EPA and DHA omega-3 fatty acids.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

SUSTAINABLY SOURCED
PURIFIED TO ELIMINATE MERCURY

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com



GLUTEN FREE

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LOT/EXP. DATE