

Best Curcumin C³ Complex® with BioPerine® contains a standardized extract of Curcuma longa root, commonly known as "Turmeric." Turmeric is the yellow spice that gives flavor to curried dishes. In the Far East, Turmeric is valued for more than culinary uses. The herb has been employed in the Ayurvedic healing tradition for centuries as a folk remedy. The active ingredients in Curcuma longa are a group of plant substances called curcuminoids. Collectively known as "curcumin," they have demonstrated potent antioxidant properties in scientific studies.* Curcuminoids benefit joints and other tissues by helping to neutralize free-radicals.*

Curcumin C³ Complex® supplies 95% total curcuminoids, including curcumin, bisdemethoxy curcumin and demethoxy curcumin. BioPerine® is an extract of Black Pepper fruit that contains 95-98% piperine. BioPerine® is added as a natural bioenhancer to promote absorption of the product.*

Protects cells and tissues by fighting free radicals.*

Curcumin C³ Complex and BioPerine are trademarks of Sabinsa Corp.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**

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Doctor's **BEST**®
Science-Based Nutrition™
Dietary Supplement
With BioPerine® **Best**
Curcumin
C³Complex
POTENT ANTIOXIDANT PROTECTION
FOR CELLULAR HEALTH*
500 mg / 120 Capsules

Supplement Facts

Serving Size 1 capsule

Servings per container 120 servings

Amount per serving % Daily Value

Turmeric root (Curcuma longa) 500 mg †
(Curcumin C³ Complex®)

Standardized to >95% Curcuminoids 475 mg
Including: Bisdemethoxy Curcumin (2.5 - 6.5%), Demethoxy Curcumin (15 - 25%), Curcumin (70 - 80%).

Black pepper fruit extract (Piper nigrum) 3 mg †
(BioPerine®)

† Daily Value not established.

Other Ingredients: Rice powder, magnesium stearate (vegetable source), gelatin (capsule).

Suggested Adult Use: Take 1 to 3 capsules daily with food.

Not Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS.

