

Gluten Free



#19

# FORMULA 19™

## MULTIVITAMIN/MULTIMINERAL

Dietary Supplement

for Adults and Children 4 or more years of age and Pregnant and Lactating Women

### TABLETS

NEW OVAL SHAPE TABLET

# Supplement Facts

FDA Registered Facility (Reg. #1023013)  
Mfg. Under Good Manufacturing Practices (GMPs)

Serving Size 2 Tablets

Servings Per Container 45

Amount Per Serving	% DV for adults & children 4 or more years of age	% DV for pregnant or lactating women	Amount Per Serving	% DV for adults & children 4 or more years of age	% DV for pregnant or lactating women
Vitamin A..... 1666 IU	33%	21%	Biotin.....100 mcg	33%	33%
Vitamin C .....20 mg	33%	33%	Pantothenic Acid 3.3 mg	33%	33%
Vitamin D-3..... 133 IU	33%	33%	Calcium..... 154 mg	15.4%	11.8%
Vitamin E ..... 10 IU	33%	33%	Iron ..... 6 mg	33%	33%
Thiamin.....0.5 mg	33%	29%	Phosphorus ..... 120 mg	12%	9.2%
Riboflavin.....0.56 mg	33%	28%	Iodine.....50 mcg	33%	33%
Niacin.....7 mg	33%	33%	Magnesium ..... 133 mg	33%	30%
Vitamin B-6.. 0.66 mg	33%	27%	Zinc..... 5 mg	33%	33%
Folic Acid..... 134 mcg	33.5%	16.75%	Copper..... 0.67 mg	33%	33%
Vitamin B-12 .... 2 mcg	33%	25%			

Ingredients: Palmitate, calcium phosphate, veg. cellulose, cholecalciferol, magnesium oxide, veg. stearic acid, L- ascorbic acid, d-alpha tocopheryl succinate, silica, niacinamide, ferrous fumarate, vanillin, zinc gluconate, calcium pantothenate, copper gluconate, pyridoxine HCl, riboflavin, thiamin HCl, folic acid, biotin, potassium iodide, cyanocobalamin. Contains fish (cod) ingredients. **TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

**Directions:** Take 2 tablets three times daily.

Manufactured by: **Dee Cee Laboratories, Inc.®**

304 Dee Cee Ct., White House, TN 37188 **Made in USA** Rev. #02

**WARNING:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.