



BRANCHED-CHAIN AMINO ACIDS

• AMINO ACIDS / RECOVERY* •

ESSENTIAL AMINO ACIDS

LEUCINE ISOLEUCINE VALINE

PURE AMINOS



120 VEG CAPSULES
A Dietary Supplement



BRANCHED-CHAIN AMINO ACIDS

SUGGESTED USAGE: Take 4 capsules twice daily before meals or exercise.

The branched-chain amino acids (BCAAs), leucine, isoleucine and valine are essential amino acids, and thus cannot be made in the body. BCAAs are critical for muscle protein synthesis, and because BCAAs can be used as fuel during intense exercise, BCAA supplementation can help to preserve existing muscle tissue.* In addition, BCAAs can support the recovery process by promoting the normal repair processes that take place after exertion.* BCAAs also play an important role in the maintenance of proper immune system function and the support of healthy aging.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Supplement Facts	
Serving Size 4 Veg Capsules Servings Per Container 30	
Amount Per Serving	
Branched-Chain Amino Acids	2.6 g (2,600 mg)**
(L-Leucine, L-Isoleucine, L-Valine)	
** Daily Value not established.	

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Manufactured & Quality Tested by NOW FOODS
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Typical Branched-Chain Amino Acid composition (2:1:1 approximate ratio) (per 4 capsule serving):
L-Leucine (1,170 - 1,400 mg)
L-Isoleucine (570 - 700 mg)
L-Valine (570 - 700 mg)

NOW® Branched-Chain Amino Acids are pharmaceutical grade.

Store in a cool, dry, dark place after opening.

Code 0053CN V6