

1114-120

Rev. 7

★★★★★
CERTIFIED
MASON  **natural**[®]
EST. 1967

MELATONIN

5 MG

MAY SUPPORT

A HEALTHY SLEEP*



120 TABLETS • DIETARY SUPPLEMENT

DIRECTIONS: Adults - Take one tablet an hour before bedtime, as a dietary supplement. Do not exceed daily dose unless recommended by a health care provider.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	1 mg	60%
Calcium (as dicalcium phosphate)	54 mg	4%
Melatonin	5 mg	**

**Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, stearic acid, croscarmellose sodium, vegetable magnesium stearate, silicon dioxide.

GUARANTEED NO ADDED: Sugar, Starch, Yeast, Soy, Corn, Wheat, Dairy, Gluten, Fish, Tree Nuts, Peanuts, Egg, Fragrance, Artificial Colors or Flavors, Preservatives, Animal Products, Crustacean Shellfish. Sodium free.

Suitable for vegetarians.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

CAUTION: For adult use only at bedtime. Not for use by children, teenagers, pregnant or lactating women. If you are taking medication or are under medical supervision, or have diabetes, an autoimmune disease, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs, or corticosteroids such as cortisone or prednisone, consult with your physician before taking this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or while operating machinery. This product may cause drowsiness. Limit use to two months with a break of one week.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).



GLUTEN FREE



SOY FREE

Manufactured in the USA for:

MASON VITAMINS, INC. Miami Lakes, FL 33014

1-888-860-5376 • www.MasonVitamins.com

Mason Natural[®] is a registered trademark and does not refer to any product or ingredient claim.



LOT/EXP. DATE