

Best Curcumin C³ Complex® with BioPerine® contains a standardized extract of Curcuma longa root, commonly known as "Turmeric." Turmeric is the yellow spice that flavors curried dishes, but is valued beyond culinary uses. It has been employed in the Ayurvedic healing tradition for centuries. The active ingredients in Curcuma longa are plant substances called curcuminoids. Collectively known as "curcumin," they've demonstrated potent antioxidant properties in scientific studies.* Curcuminoids benefit joints and other tissues by helping to neutralize free-radicals.*

Curcumin C³ Complex® supplies 95% total curcuminoids, including curcumin, bisdemethoxy curcumin and demethoxy curcumin. BioPerine® is an extract of Black Pepper fruit that contains 95-98% piperine. BioPerine® is added as a natural bioenhancer to promote absorption of the product.*

Protects cells and tissues by fighting free radicals.*

Curcumin C³ Complex and BioPerine are trademarks of Sabinsa Corp.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for **Doctor's Best, Inc.**
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Doctor's BEST®

**Science-Based
Nutrition™**

**Dietary
Supplement**

With
BioPerine® **Best
Curcumin
C³Complex®**

**POTENT ANTIOXIDANT PROTECTION
FOR CELLULAR HEALTH***

500 mg / 30 Capsules

Supplement Facts

Serving Size 1 capsule
Servings per container 30 servings

	Amount per serving	% Daily Value
Turmeric root (Curcuma longa) (Curcumin C ³ Complex®)	500 mg	†
Standardized to >95% Curcuminoids	475 mg	
Including: Bisdemethoxy Curcumin (2.5 - 6.5%), Demethoxy Curcumin (15 - 25%), Curcumin (70 - 80%).		
Black pepper fruit extract (Piper nigrum) (BioPerine®)	3 mg	†

† Daily Value not established.

Other Ingredients: Rice powder, magnesium stearate (vegetable source), gelatin (capsule).

Suggested Adult Use: Take 1 to 3 capsules daily with food.
Consult a health care practitioner prior to use if you have gallstones.

Not Suitable for Vegetarians

CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS



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