

DIRECTIONS: As a dietary supplement, chew 2 wafers before morning and evening meals.

Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight.

CAUTION: If you are pregnant or nursing do not take this product.



Gluten Free #134

CAL-O-BITE™

**CHEWABLE
CHOCOLATE FLAVORED
CALCIUM MAGNESIUM
WITH VITAMIN D**

"Calcium Builds Strong Bones"

Dietary Supplement

120 WAFERS

Fight OSTEOPOROSIS

Supplement Facts

Serving Size 2 Wafers

Servings Per Container 60

Amount Per Serving	%DV
Vitamin D-3 (as cholecalciferol) 200 IU.....	50%
Calcium 500 mg.....	50%
(as calcium carbonate)	
Magnesium 80 mg.....	20%
(as magnesium carbonate)	

Other ingredients: Dextrose, fructose, sorbitol, carob, vegetable stearic acid, natural chocolate flavor, lecithin, silica, vegetable magnesium stearate. Contains soy ingredients.

Manufactured by: **Dee Cee Laboratories, Inc. ®**
304 Dee Cee Rd., White House, TN 37188
Made in USA

Rev. #03