

Suggested Usage: Take 1 softgel daily with a meal, or as directed by your healthcare practitioner.

Vitamin A is essential for the maintenance of healthy epithelial tissue, which is found in the eyes, skin, respiratory system, GI and urinary tracts.* Vitamin D promotes calcium absorption and calcium transport to bones.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Do not exceed the recommended dose. Do not use if you are pregnant, may become pregnant, or are breastfeeding. Consult with your physician. Also consult physician if taking medication or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 0361 V5



SOFTGEL
SIZE



Ultra A & D-3 25,000/1,000

Eye & Bone Health*

- Vitamin A 7,500 mcg (25,000 IU)
- Vitamin D 25 mcg (1,000 IU)

100 Softgels
A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin A (60% as Beta-Carotene and 40% from Fish Liver Oil)	7,500 mcg	833%
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	25 mcg (1,000 IU)	125%

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Rice Bran Oil.

Contains fish (cod, saithe, haddock, pollock).

Quality Tested & Packaged by NOW FOODS
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Not manufactured with wheat, gluten, soy, milk, egg or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

