

Suggested Usage: Take 1 capsule daily with a meal.

Niacinamide (Vitamin B-3) is a form of niacin, a water soluble B-vitamin. It is a derivative of niacin that does not cause the "flush" normally associated with taking high doses of niacin. Niacinamide is readily converted into the bioactive forms of niacin, NAD+, NADH, NADP, and NADPH, which are vital cofactors in cellular energy production and are critical for the maintenance of DNA stability.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (liver problems, stomach ulcers, diabetes, gout, etc.). Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0478B v5



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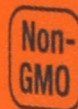
Niacinamide 500 mg

Energy Production*

Vitamin B-3, No Flush

100 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Niacin (as Niacinamide) (Vitamin B-3)	500 mg	3125%

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Niacinamide and niacin are two different forms of vitamin B-3. Niacinamide does not cause a niacin flush.

Store in a cool, dry place after opening.

