

D-ribose is a natural compound made by your body throughout life. D-ribose is a pentose sugar, or a 5-carbon sugar (more familiar sugars like glucose and fructose have 6 carbon atoms). As part of RNA and DNA, D-ribose is needed for cell maintenance and growth.* Ribose initiates the production of the critical energy molecule ATP, the primary energy source for cells.* ATP is rapidly depleted in muscle tissue by strenuous exercise. D-ribose is a core supplement for maximizing energy levels in a healthy way, without the drawbacks of stimulant ingredients.* Studies suggest that ribose can help support energy recovery after exercise.* Exercise increases free radical production in muscle tissue. Ribose supplementation may strengthen and support the body's crucial antioxidant defenses.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for **Doctor's Best, Inc.**
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Doctor's BEST®

**Science-Based
Nutrition™**

**Dietary
Supplement**



Best CHEWABLE D-Ribose

**SUPPORTS ATP PRODUCTION IN HEART
AND MUSCLE TISSUE***

**DECREASES FREE RADICAL FORMATION
DURING EXERCISE***

1500 mg / 90 Wafers

Supplement Facts

Serving Size 1 chewable wafer
Servings per container 90 servings

	Amount per serving	% Daily Value
Calories	8	
Total Carbohydrate	2 g	< 1%*
Sugars	2 g	†
D-ribose	1500 mg	†

* Percent Daily Values based on a 2,000 calorie diet
† Daily Value not established.

Other Ingredients: Invetek chewable base, natural orange flavor, citrus blend flavor, citric acid, magnesium stearate (vegetable source), stearic acid, silicon dioxide.

Suggested Adult Use: Chew one wafer 1 - 3 times daily. May be taken with or without food.

Caution: Insulin-dependent diabetics, pregnant women and those with elevated uric acid levels (associated with gout) should consult their physician before use.

Suitable for Vegetarians
CONTAINS NOTHING OTHER THAN LISTED INGREDIENTS



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