

Suggested Usage: Take 1 capsule 1 to 2 times daily as needed, preferably with juice or water on an empty stomach.

GABA (Gamma-Aminobutyric Acid) is a non-protein amino acid that functions as a neurotransmitter in the human brain.* GABA is naturally produced in the body and its presence within the central nervous system may help promote relaxation and ease nervous tension.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0089B V4



Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

GABA (Gamma-Aminobutyric Acid)	750 mg**
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** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Silicon Dioxide, Stearic Acid (vegetable source) and Microcrystalline Cellulose.

Manufactured & Quality Tested by NOW FOODS
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nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

