

**Suggested Usage:** Take 1 capsule 2 to 3 times daily as needed, preferably with juice or water on an empty stomach.

GABA (Gamma-Aminobutyric Acid) is a non-protein amino acid that functions as a neurotransmitter in the human brain.\* GABA is naturally produced in the body and its presence within the central nervous system may help promote relaxation and ease nervous tension.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

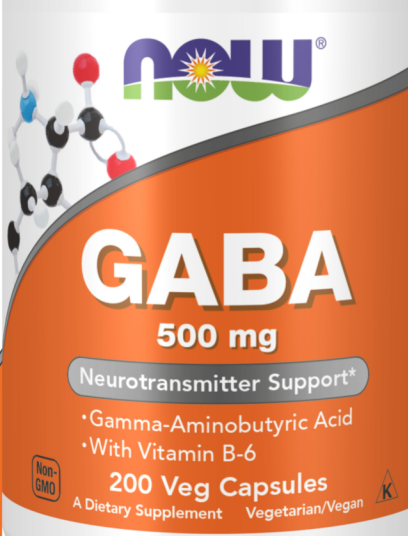
Natural color variation may occur in this product.

CAPSULE SIZE

CODE 0088C v6



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Amino Acids

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	118%
GABA (Gamma-Aminobutyric Acid)	500 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Silicon Dioxide and Stearic Acid (vegetable source).

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Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

