

Suggested Usage: Take 1 capsule 1 to 2 times daily, preferably with food.

NOW® Ascorbyl Palmitate is a highly stable form of ascorbic acid, or vitamin C. Ascorbyl palmitate is soluble in both water and lipid, and this dual solubility allows it to be incorporated into cell membranes where it neutralizes free radicals and helps maintain healthy tissues.* While it possesses all of the antioxidant properties of vitamin C, it can also more easily penetrate the blood-brain barrier, facilitating the extension of its antioxidant activities to the brain and nervous system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Ascorbyl palmitate may increase iron bioavailability. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially an iron storage disorder). Keep out of reach of children.

Natural color variation may occur in this product.

CODE 0608 V6



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CAPSULE SIZE



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (from Ascorbyl Palmitate)	200 mg	222%
Ascorbyl Palmitate	500 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Magnesium Stearate (vegetable source) and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
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nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

