Suggested Usage: Take 2 chewable tablets 1 to 2 times daily as needed, preferably with juice or water on an empty stomach.

GABA (gamma-aminobutyric acid) is a non-protein amino acid that functions as a neurotransmitter in the human brain.* GABA is naturally produced in the body and its presence within the central nervous system may help promote relaxation and ease nervous tension.* Delicious orange flavor NOW® Chewable GABA combines this naturally occurring neurotransmitter with the relaxing amino acids taurine and theanine for their complementary functions.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CODE 0082C
V4

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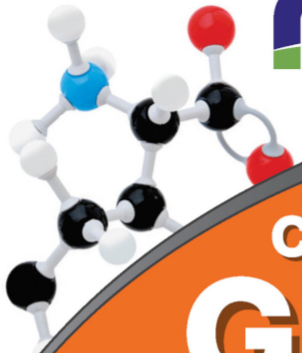

NOW®

Sweetened with Xylitol

Chewable GABA

Neurotransmitter Support*

- Promotes Relaxation*
- Eases Nervous Tension*
- Plus Taurine, Inositol and Theanine

90 Chewables

A Dietary Supplement Vegetarian/Vegan

K

Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 2 Chewable Tablets
Servings Per Container 45

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%**
Total Sugars	0 g	†
Includes 0g Added Sugars		0%**
Sugar Alcohols (Xylitol and Sorbitol)	3 g	†
GABA (Gamma-Aminobutyric Acid)	500 mg	†
Taurine	100 mg	†
Inositol	80 mg	†
L-Theanine	20 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Hydroxypropyl Cellulose, Microcrystalline Cellulose, Natural Orange Juice Powder, Natural Flavors, Stearic Acid (vegetable source), Citric Acid, Xanthan Gum, Beta-Carotene, Magnesium Stearate (vegetable source), Silicon Dioxide and Ascorbyl Palmitate. Contains soy (oil).

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

QUALITY GMP ASSURED