



Suggested Use: Take 2 capsules daily with or right before a meal. For the first 15 days, take two servings daily. FOR DAILY USE.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	125%
Biotin	2000 mcg	6,667%
Meriva® Bioavailable Curcumin	500 mg	†
<i>Curcuma longa</i> extract (rhizome)		
Alpha Lipoic Acid	300 mg	†
FruiteX-B® Calcium Fructoborate	120 mg	†

† Daily Value not established.

Other Ingredients: Gelatin (capsule), dicalcium phosphate, rice flour, vegetable magnesium stearate.

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