



**Suggested Use:** As a dietary supplement, take 2 capsules daily. Optimally, for the first 15 days, take one serving twice daily.  
**FOR DAILY USE.**

## Supplement Facts

Serving Size 2 Capsules  
 Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	10	
Total Fat	1 g	1%*
Vitamin A (as beta carotene)	600 mcg	67%
Vitamin D (as cholecalciferol)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha tocopheryl acetate)	40.2 mg	268%
Vitamin B-12 (as methylcobalamin)	300 mcg	12,500%
Ubiquinol (Kaneka QH Ubiquinol®)	100 mg	†
<i>trans</i> -Resveratrol (from resVida® High-Potency Resveratrol)	30 mg	†

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: Rice bran oil, gelatin, vegetable wax, rosemary extract, chlorophyll.

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