



Suggested Use: As a dietary supplement, take 1/2 teaspoon twice daily. FOR DAILY USE.

Supplement Facts

Serving Size 1/2 Teaspoonful (2.5 ml)

Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Polyunsaturated Fat	1g	
Cholesterol	10 mg	3%*
Fish Oil Blend	1.43 g	†
EPA (Eicosapentaenoic Acid)	400 mg	†
DHA (Docosahexaenoic Acid)	212.5 mg	†
Vegetable Phytosterol Esters	0.65 g	†
Coenzyme Q10	25 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Natural flavors (coconut, mango, pineapple), lemon oil, Momordcia (Monk fruit) extract, Antioxidant Blend (vitamin E, green tea extract, Rosemary extract, ascorbyl palmitate). Contains fish (anchovy, sardines, mackeral), soy and tree nuts.