

Suggested Use: Adults take 2 soft gels daily with a meal. FOR DAILY USE.

Supplement Facts

Serving Size 2 softgels Servings Per Container 30

% Dail	y Value	
20		
2 g	3%*	
5 mg	2%*	
25 mcg (1000 IU)	125%	
180 mcg	150%	
(as Menaquinone-7 (Mk-7) MenaQ7®)		
	20 2 g 5 mg 25 mcg (1000 IU) 180 mcg	

Omega-3 Fatty Acids	1100 mg	†
EPA (eicosapentaenoic acid)	600 mg	†
DHA (docosahexaenoic acid)	400 mg	†
Additional Omega-3 Fatty Acids	100 mg	†

*Percent Daily Values are based on a 2000 calorie diet. †Daily Value not established.

Ingredients: Highly refined and concentrated omega-3 fish oil (anchovy, sardine, mackerel), capsule shell (gelatin, glycerin, purified water, annatto extract, carob), MenaQ7® vitamin K2, proprietary LemonLock TM Freshness System (natural lemon flavor, antioxidant blend consisting of natural tocopherols (soy), rosemary extract, and ascorbyl palmitate), cholecalciferol.

Contains fish (anchovy, sardine, mackerel) and soy.

Warning: This product contains Vitamin K, which interferes with anticoagulants such as Coumadin and Warfarin. Do not take if taking anticoagulant medications.

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