

VEGAN • GLUTEN FREE • NON-GMO

Orgain[®]

ORGANIC MCT OIL

MEDIUM CHAIN TRIGLYCERIDES

Our MCT oil is an organic, plant-based, high-quality source of medium chain triglycerides (including caprylic and capric acids) to support sustained energy, focus, and weight loss as part of a low-carb diet.*

Enjoy In



Coffee & Teas

Mix 1 tablespoon with your morning cup of hot beverage.



Salads

MCT Oil maintains its liquid consistency, making it perfect for salads, dressings and marinades.

Suggested Usage

Take 1 tablespoon 1-3 times daily. Add to smoothies, coffee, tea and salads. Not recommended for use in cooking or frying.



Smoothies

Mixes easily with any smoothie or shake. Add 1-2 tablespoons.

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ORGANIC MCT OIL

SUSTAINED NATURAL ENERGY[®]

Dietary Supplement
PLANT BASED, PALEO, & KETO FRIENDLY



13g

Medium Chain Triglycerides

FLAVORLESS & ODORLESS
MADE WITH 100% ORGANIC COCONUTS



Supplement Facts

Serving Size 1 Tablespoon (15mL)
Servings Per Container About 63

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	14g	18%*
Saturated Fat	14g	70%*
Trans Fat	0g	**
Polyunsaturated Fat	0g	**
Monounsaturated Fat	0g	**
Cholesterol	0mg	0%
Medium Chain Triglycerides (MCTs)	13.1g**	+
C8:0 - Caprylic Acid	7.8g**	
C10:0 - Capric Acid	4.9g**	
C12:0 - Lauric Acid	0.2g**	

* Percent Daily Values are based on a 2000 calorie diet.
+ Daily Value not established.

INGREDIENTS: 100% ORGANIC COCONUT MEDIUM CHAIN TRIGLYCERIDES

**NATURAL VARIATIONS CAN OCCUR.

PACKAGED IN THE USA.

DISTRIBUTED BY: ORGAIN, INC.
PO BOX 4918, IRVINE, CA 92616

CERTIFIED ORGANIC BY QAI
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COUNTRY OF ORIGIN: SRI LANKA

STORAGE INFORMATION: STORE IN COOL, DRY PLACE WITH LID TIGHTLY SEALED. AVOID EXPOSURE TO LIGHT, HEAT, AND MOISTURE. NO REFRIGERATION REQUIRED.

WARNINGS: IF YOU ARE PREGNANT, NURSING OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE USE. KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF INNER SEAL IS BROKEN OR MISSING. DO NOT USE IN STYROFOAM CUP.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Always Clean Nutrition

An early battle with cancer shaped my belief that the higher the quality of our nutrition, the better we'll feel. That's why we're relentless when it comes to the cleanest nutrition possible. We're picky and proud — join us!

IN GOOD HEALTH,

Andrew

Andrew Abraham, M.D.
Founder and Cancer Survivor

Orgain[®]

Orgain.com
888-881-GAIN (4246)



LB 00820v1



NET 32 FL OZ (946 mL)