



Mama's Select™

ADVANCED FORMULA

Prenatal Plus™

- Complete Multivitamin for Mom & Baby*
- Promotes Healthy Pregnancy*

90 VEGGIE CAPSULES

DIETARY SUPPLEMENT



MADE IN THE U.S.A.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	%Daily Value†
Vitamin C (as ascorbic acid)	100 mg	167%
Calcium (as calcium carbonate)	100 mg	8%
Iron (as ferrous fumarate)	27 mg	150%
Zinc (as zinc oxide)	25 mg	167%
Vitamin E (as d-alpha-tocopheryl acetate)	30 IU	100%
Niacin (as niacinamide)	18 mg	90%
Vitamin B6 (as pyridoxal-5-phosphate)	2.6 mg	104%
Vitamin A (as betacarotene)	4000 IU	50%
Riboflavin	1.7 mg	85%
Thiamin (as thiamin HCl)	1.5 mg	88%
Folate (as 5-methyltetrahydrofolate calcium)	800 mcg	100%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin B12 (as methylcobalamin)	8 mcg	100%

† %Daily Value for Pregnant and Lactating Women.

Other Ingredient(s): Vegetable Cellulose, Rice Flour, Magnesium Stearate
Contains soy.



X000UVZ7LH

Suggested Use: 1 Capsule taken 1 time daily preferably with a meal or as directed by a healthcare professional.

Tamper Resistance: Please do not use if safety seal is broken or missing. Store in a cool, dry place.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Do not use if you are under the age of 18. Do not exceed recommended serving. Consult your health care provider prior to using this or any other dietary supplement, especially if you are taking any medications, over the counter products, or other dietary supplements, or if you have or suspect you may have any medical condition. Immediately discontinue use and call your health care provider if you experience any adverse reaction. Keep out of reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:
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PLEASE RECYCLE