



Suggested Use: Take 2 capsules daily. For best results, take one serving twice daily for the first 15 days. Best results obtained with daily use.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D (as cholecalciferol)	400 IU	100%
Pycnogenol® (<i>Pinus pinaster</i>) (bark)	50 mg	†
Coenzyme Q10 (as Kaneka Q10® Ubiquinone)	100 mg	†
Purity's BioAbsorb Complex™	13 mg	†
Bioperine® Bioavailability Enhancer Black Pepper extract (fruit)		
Lactospore® <i>Lactobacillus sporogenes</i>		

†Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate and silicon dioxide.

Bioperine® is a patented product from Sabinsa Corporation. U.S. Patents #5,536,506; 5,744,161; 5,972, 382; & 6,054,585.

Lactospore® is a registered trademark of Sabinsa Corp.

Kaneka Q10® is a registered trademark of the Kaneka Corporation of Japan.

Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. patents #4,698,360 / #5,720,956 / #6,372,266 and other international patents.