Warning: Not for use by pregnant or lactating women. Do not use with antidepressants or weight control drugs, May cause drowsiness: Do not drive a motor vehicle or operate heavy machinery or equipment while using this product Do not exceed recommended dose. Consult a doctor before use if you have, or have had, any health condition or are taking any medications or OTC medication, or are planning any medical procedure. Stop use if any adverse reactions occur. Not for use by persons under 18 years of age.

*These statements have not been evaluated by the Foot and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Keep out of reach of children. Store in cool dry place. Avoid excessive heat or moisture.



100 mg

Helps to Support Sleep & Appetite Helps to Support Stress Levels & Mood*

Dietary Supplement

Supplement Facts Serving Size: 1 Capsule

Servings Per Container: 180 Amount Per Serving %DV

100mg (5-Hydroxytryptophan) (Griffonia simplicifolia seed extract)

**Daily Value (DV) not established.

Other Ingredients: Gelatin and Rice Powder. ZERO: Preservatives, artificial colors, artificial flavors, yeast, corn, milk or milk derivatives, lactose, salt, sodium, soy, sugar, gluten, starch, or wheat.



from us helps to provide life-changing vitamins to a MOTHER or CHILD in

PROUD SUPPORTER NEED, Thank You! Manufactured Exclusively For-We Like Vitamins

Every Bottle Counts

Every item you purchase

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