



Suggested Use: Take 1 tablet daily (place tablet in mouth and let dissolve before swallowing). Optimally, for the first 15 days, take two servings daily. FOR DAILY USE.

Supplement Facts

Serving Size 1 Fast Dissolving Tablet

Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D (as cholecalciferol)	1,000 IU	250%
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folic Acid	200 mcg	50%
Vitamin B12 (as methylcobalamin)	1,000 mcg	16,667%
Biotin	300 mcg	100%
BerryMelt™ Super Fruit Blend	20 mg	
Acai fruit powder (<i>Euterpe oleracea</i>)		†
Goji Berry extract (<i>Lycium barbarum</i>) (fruit)		†
Blueberry extract (fruit)		†
ProDURA® Bacillus Coagulans (2 Billion Colony Forming Units at the time of manufacture)	10 mg	†
Stevia Leaf Extract	2 mg	†

† Daily Value not established.

Other Ingredients: Xylitol, mannitol, crospovidone, stearic acid, magnesium stearate, microcrystalline cellulose, natural flavor, silicon dioxide, citric acid, Luo-han-guo fruit powder.

MecobalActive

The active form of B₁₂