

Do Vitamins®

SUGGESTED USE: As a dietary supplement, take one (1) capsule up to three (3) times per day with food.

WARNING: If you have any medical condition, are pregnant or nursing, are under the age of 18, smoke, or take any medications, over-the-counter products, or other dietary supplements, please consult your healthcare practitioner before using this product. Immediately discontinue use if you experience any adverse effects.

Keep out of reach of children. Store in a cool, dry place. Use within 60 days of opening. Do not eat freshness packet.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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PROUD SUPPORTER



VitaBeard®

Facial Hair Support Formula

Dietary Supplement • 90 Capsules

Feed Your Beard®

The first of its kind, VitaBeard® is a dietary supplement formulated to support healthy facial hair growth.*

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as Beta-Carotene)	7,500 IU	150%
Vitamin C (as Quali®-C Ascorbic Acid)	90 mg	150%
Vitamin D (as Cholecalciferol)	600 IU	150%
Vitamin E (as d-Alpha Tocopherol from Sunflower Oil)	45 IU	150%
Thiamine (Vitamin B1) (as Thiamine HCl)	15 mg	1000%
Riboflavin (Vitamin B2)	9 mg	529%
Niacin (as Niacinamide)	15 mg	75%
Vitamin B6 (as Pyridoxine HCl)	15 mg	750%
Folate (as Quatrefolic® (6S)-5-methyltetrahydrofolic acid)	300 mcg	75%
Vitamin B12 (as Methylcobalamin)	37.5 mcg	625%
Biotin (as D-Biotin)	3000 mcg	1000%
Pantothenic Acid (as Calcium D-Pantothenate)	75 mg	750%
Iodine (from Kelp) (<i>Laminaria digitata</i>)	75 mcg	50%
Zinc (as Zinc Amino Acid Chelate)	15 mg	100%
Copper (as Copper Lysinate)	750 mcg	38%

VitaBeard® Blend	1650 mg	**
Methyl Sulfonyl Methane (MSM), L-Methionine, Horsetail Extract (8% Silica) (<i>Equisetum arvense</i>), L-Cysteine HCl, Choline (as Choline Bitartrate), Inositol, Para Aminobenzoic Acid (PABA).		

** Daily Value not established.

Other Ingredients: Vcaps® Plus vegetarian capsule (hypromellose), organic rice extract and organic rice concentrate.
Contains NO: wheat, gluten, soy, dairy, preservatives, artificial sweeteners, colors, or flavors. **Suitable for vegans and vegetarians.**

Don't do drugs. Do Vitamins.®