

Suggested Use: As a dietary supplement, adults take 1 tablet daily. FOR DAILY USE.

Supplement Facts

Serving Size 1 Tablet Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (ascorbic acid)	300 mg	333%
Biotin	300 mcg	1,000%
Glycine	100 mg	†
L-Lysine (as L-Lysine HCL)	100 mg	†
L-Proline	100 mg	†
Grape Seed Extract	100 mg	†
Silica	30 mg	†
Organic Cranberry Fruit Powder	25 mg	†
Organic Blueberry Fruit Powder	25 mg	†
Organic StrawberryFruit Powder	25 mg	†
Organic Broccoli Head Powder	25 mg	†
FloraGL0® Lutein	10 mg	†
†Daily Value not established.		

Other ingredients: Microcrystalline cellulose, dicalcium phosphate, stearic acid, croscarmellose sodium, vegetable magnesium stearate, silicon dioxide, NutraPure™ organic coating (organic maltodextrin, organic sunflower lecithin, organic palm olein, organic guar gum.)

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