

SUGGESTED USE: As a dietary supplement, take up to four (4) capsules 30 minutes before training.

WARNING: If you have any medical condition, are pregnant or nursing, are under the age of 18, or take any medications, over-the-counter products, or other dietary supplements, please consult your healthcare practitioner before using this product. Immediately discontinue use if you experience any adverse effects.

Keep out of reach of children. Store in a cool, dry place. Do not eat freshness packet; keep in bottle.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DoVitamins.com

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NO Salt
NO Sugar
NO GMOs
NO Gluten
NO Sucralose
NO Aspartame
NO Preservatives
NO Acesulfame-K
NO Silicon Dioxide
NO Artificial Colors
NO Artificial Flavors
NO Banned Substances
NO Artificial Sweeteners

Do Vitamins®



PumpPills®

Pre-Workout Booster

Dietary Supplement • 120 Capsules

PumpPills® is designed to provide a clean pre-workout boost without stimulants. Increase nitric oxide production and support muscular endurance for better pumps and better workouts. PumpPills® is two supplements in one: Take PumpPills® alone or stack with PurePump® for the ultimate pre-workout boost.*



Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

Supplement Facts

Serving Size: 4 Capsules		Servings Per Container: 30
	Amount Per Serving	% Daily Value
L-Citrulline (Kyowa Hakko)	1000 mg	**
L-Arginine (Kyowa Hakko)	1000 mg	**
CarnoSyn® Beta-Alanine	800 mg	**
L-Malic Acid	300 mg	**

** Daily Value not established.

Other Ingredients: Vcaps® Plus vegetarian capsule (hypromellose), organic rice extract, organic rice concentrate.

Contains NO: wheat, gluten, soy, dairy, preservatives, artificial sweeteners, colors, or flavors. **Suitable for vegans and vegetarians.**