

NO Salt
NO Sugar
NO GMOs
NO Gluten
NO Fructose
NO Sucralose
NO Aspartame
NO Preservatives
NO Acesulfame-K
NO Artificial Colors
NO Artificial Flavors
NO Banned Substances
NO Artificial Sweeteners

DoVitamins.com

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The Only *Pure* Workout Recovery Supplement

Our legacy of clean sports nutrition continues with PostPump™ Post-Workout Formula. Just like PurePump®, PostPump™ is free of artificial ingredients, unflavored and unsweetened.



vitamin angels®
PROUD SUPPORTER

Every bottle of PostPump™ we sell donates one year of vitamins to a child in need through our One-for-One partnership with Vitamin Angels®.

*These statements have not been evaluated by the Food and Drug Administration.
 This product is not intended to diagnose, treat, cure, or prevent any disease.



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 Creapure® is a registered trademark of AlzChem AG.

Do Vitamins®



PostPump™
 Post-Workout Formula
 UNFLAVORED

Dietary Supplement • Net Weight 232.5 Grams (8.2oz)

DIRECTIONS: As a dietary supplement, take 1-2 scoops after training. Flavor as desired; mix with your favorite juice, sports drink, or protein powder.

For best results, use PostPump™ with:

- PurePump® Pre-Workout Formula
- WonderWhey® Organic Grass-Fed Whey Protein

WARNING: Do not use if pregnant, nursing, or under the age of 18. Do not exceed recommended dose. Consult your health care practitioner before taking this or any dietary supplement, especially if you have or suspect you may have a medical condition, or are taking any medications. Immediately discontinue use and call your health care practitioner if you experience any adverse reaction. **KEEP OUT OF REACH OF CHILDREN.**

Use within 60 days of opening. Store in a cool, dry place. Do not eat freshness packet; keep in bottle.



AjiPure® amino acids stand for purity, quality, and safety. Ajinomoto is the global leader in research and production of amino acids since 1909, and is the leading manufacturer to produce cGMP, pharmaceutical grade amino acids. AjiPure® is a registered trademark of Ajinomoto Co.

- ✓ **Support Muscle Growth***
- ✓ **Reduce Muscle Soreness***
- ✓ **Build Strength and Power***
- ✓ **Improve Anaerobic Endurance***
- ✓ **Speed Recovery Between Workouts***

Supplement Facts

Serving Size: 2 Scoops (7.75g)
 Servings Per Container: 30 (60 Scoops)

	Amount Per Serving	%Daily Value
Creatine Monohydrate (Creapure®)	3000 mg	**
Betaine Anhydrous (BetaPower™)	1250 mg	**
L-Leucine (AjiPure®)	1500 mg	**
L-Isoleucine (AjiPure®)	750 mg	**
L-Valine (AjiPure®)	750 mg	**
L-Carnitine L-Tartrate (Carnipure™)	500 mg	**

**Daily Value not established. %DV based on a 2,000 calorie diet.

Other Ingredients: None.

Contains NO: wheat, gluten, soy, milk, egg, shellfish, preservatives, or artificial sweeteners/colors/flavors.
Suitable for vegans and vegetarians.