



ORGANIC INSTANT FLAX MILK

POWDER

Nutrition Facts

68 servings per container

Serving size 10g

Amount per serving

Calories 46

% Daily Value*

Total Fat 3g 4%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 23mg 1%

Total Carbohydrate 5g 2%

Dietary Fiber 2g 9%

Total Sugars 3g

Includes 0g Added Sugars 0%

Protein 2g 3%

Vitamin D 0mcg 0%

Calcium 11mg 1%

Iron 1mg 4%

Potassium 61mg 2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Groovy Bee® Organic Instant Flax Milk Powder is the perfect dairy alternative -- It's as creamy and delicious as regular milk, without the added lactose or homogenized fats to weigh you down. It's even suitable for people with soy or gluten allergies.

Ingredients: Organic Golden Fine Milled Flaxseed, Organic Coconut Palm Sugar, Pink Himalayan Salt.

Instructions: To prepare one glass of flax milk: Add 3 teaspoons of Organic Instant Flax Milk Powder to 1 small cup of water (approx 100-120ml of warm or cold water). Stir until smooth.



Storage instructions:

Store in a cool, dry place away from sunlight. No need to refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by: Groovy Bee Inc
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GROOVYBEE.COM

Certified Organic by Natural Food Certifiers, Inc.

Manufactured in a facility which may contain nuts (peanuts, tree nuts).



NET WT. 24 OZ (680 G)