### SUGGESTED USE:

As a dietary supplement, take three (3) capsules once a day. For best results, take 20-30 min before a meal with an 80z. glass of water or as directed by your health care professional.

### CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



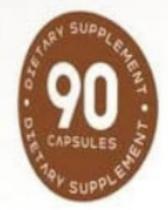
LOT# and Expiration date printed on bottom of Bottle. V1R1

### Purely Optimal

# MUSHROOM COMPLEX

WITH LION'S MANE & REISHI

RICH IN ANTIOXIDANTS



- ✓ ENERGY & STAMINA\*
- √ FOCUS & MENTAL CLARITY\*
- ✓ NATURAL IMMUNE DEFENSE\*
  - OVERALL HEALTH SUPPORT\*











## Supplement Facts

Serving Size: 3 Vegetable Capsules

Servings Per Container: 30

Amount	Per Serving	%DV
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399mg

Cordyceps Sinensis Powder (Mycelium)	399mg	**
Reishi Mushroom Extract ( <i>Granoderma lucidun karst</i> ) (Fruit)	399mg	**
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Shiitake Mushroom Extract (Lentinus edodes) (Fruit)

Lions Mane (Hericium erinaceus) (Fruit) 399mg

#### **Proprietary Blend**

Maitake Mushroom Extract (*Polyporus frondosus*) (Fruit), Turkey Tail Extract (*Coriolus versicolo*) (Fruit), Chaga Mushroom Extract (*Inonqus obliquus*) (Fruit), Royal Sun Agaricus Extract (*Agaricus blazei*) (Fruit), White Button Mushroom Extract (*Agaricus bisporus*) (Fruit), Black Fungus Extract (*Auricularia auricula*) (Fruit)

Inactive Ingredients: Cellulose (Vegetable Capsule), Microcrystalline Cellulose, Magnesium Stearate

Purely Optimal www.purelyoptimal.com

Purely Optimal Nutrition II
San Jose, CA 95132, USA
1-800-738-6018

<sup>\*\*</sup> Daily Value not established (DV).