



Suggested Use: Take 4 capsules daily with a meal (or divide during the day). FOR DAILY USE.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value	Amount Per Serving		% Daily Value
Vitamin A (100% as beta carotene)	1,500 mcg	167%	Betaine (as betaine HCl)	25 mg	*
Vitamin C (as magnesium ascorbate and ascorbic acid)	500 mg	556%	Choline (as choline bitartrate)	25 mg	*
Vitamin D (Cholecalciferol)	50 mcg (2,000 IU)	250%	Inositol	25 mg	*
Vitamin E (natural, d-alpha tocopheryl succinate with mixed tocopherols)	134 mg	893%	Papain (from papaya)	25 mg	*
Thiamine (Vitamin B1)	12 mg	1,000%	Pomegranate Extract (fruit ellagic acid 50 mg/40%)	125 mg	*
Riboflavin (Vitamin B2)	5 mg	385%	Ginkgo Biloba Extract (leaf)	10 mg	*
Niacinamide (Vitamin B3)	50 mg	313%	Rosemary Leaf Extract	10 mg	*
Vitamin B6 (pyridoxine HCl)	15 mg	882%	Grape Seed Extract (9.5 mg OPCs)	10 mg	*
Folate	667 mcg DFE (400 mcg folic acid)	167%	Tocotrienols/tocopherols complex	10 mg	*
Vitamin B12 (methylcobalamin)	300 mcg	12,500%	Silica	10 mg	*
Biotin	300 mcg	1,000%	FloraGLO® Lutein***	10 mg	*
Pantothenic Acid (as calcium pantothenate)	25 mg	500%	L-Glutathione	15 mg	*
Calcium (as calcium citrate)	25 mg	2%	Purity's BioAbsorb Complex™ (Lactospore® and Bioperine®)	13 mg	*
Iodine (as amino acid chelate)	100 mcg	67%	Boron (as amino acid chelate)	3 mg	*
Magnesium (as magnesium ascorbate and magnesium oxide)	25 mg	6%	Lycopene	2 mg	*
Zinc (as zinc citrate)	15 mg	136%	Coenzyme Q10	2 mg	*
Selenium (as selenium yeast) (Selenoexcel®)†	150 mcg	273%	Purity's Phytonutrient and Super Food Circulation Support Blend (Spectra™)	50 mg	*
Chromium (as chromium picolinate)	200 mcg	571%	Coffea arabica Extract, Broccoli Sprout Concentrate, Green Tea Extract, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Concentrate, Quercetin, Tomato Concentrate, Broccoli Concentrate, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Elderberry Concentrate, Carrot Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate, Spinach Concentrate, Kale Concentrate, Bilberry Extract, Brussels Sprout Concentrate, Maltodextrin and Silicon Dioxide		
Molybdenum (as krebs††)	50 mcg	111%			
Potassium (as potassium chloride)	50 mg	1%			
Citrus Bioflavonoids	150 mg	*			
Cranberry Fruit Powder	50 mg	*			
Inositol (as inositol hexaphosphate/IP-6)	50 mg	*			
Quercetin	50 mg	*			
Garlic Powder (bulb) (deodorized)	50 mg	*			
L-Taurine	50 mg	*			
Flaxseed Complex	35 mg	*			
Ascorbyl Palmitate	25 mg	*			
Alpha Lipoic Acid	25 mg	*			

Other Ingredients: Gelatin, microcrystalline cellulose, vegetable stearate and stearic acid.

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Lactospore® and Bioperine® are registered trademarks of Sabinsa Corporation.

Spectra™ is a trademark of FutureCeuticals.

††Krebs is a complex of Citrate, Fumarate, Malate, Glutarate and Succinate.

†Selenoexcel® is a registered trademark of Cypress Systems, Inc.

