

Suggested Use

Take 2-3 capsules up to two times daily or as directed by your healthcare provider. Do not exceed suggested use.

This product has a tamper evident seal under the cap. Do not use if seal is broken or missing. Store at room temperature, in a dry place.

If you are pregnant or nursing, consult your healthcare provider before use. Keep out of reach of children.



NeuroScience Quality

Consistent products, consistent results. Scan to learn more.



Alpha GABA™

Dietary Supplement

Serotonin/GABA

90 CAPSULES

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value	
Vitamin B6 (as pyridoxal 5'-phosphate)	2 mg	118%
L-theanine	400 mg	†
Ashwagandha extract (<i>Withania somnifera</i>) (root and leaf [†])	250 mg	†
Proprietary Blend	620 mg	†
Passion flower extract (<i>Passiflora incarnata</i>) (aerial parts), Lemon balm extract (<i>Melissa officinalis</i>) (root), and L-tyrosine.		

† Daily Value not established.

Not a significant source of sugar.

Other ingredients: Vegetable capsule (hypromellose, water), microcrystalline cellulose, organic rice concentrate, and silica.

Distributed by:
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