Xendurance™

FUEL-5™

QUICK ENERGY† / SUSTAINED ENERGY†

BERRY-BLEND

40 SERVINGS
NET WT. 1.6 LBS (720g)
Dietary Supplement

XENDURANCE.COM

- 5 SOURCES OF FUEL: 4 CARBOHYDRATE FUEL SOURCES AND LACTATE
- ORGANIC SWEET POTATO USED IN PROPRIETARY BLEND
- ENERGY: CARBOHYDRATE BLEND TO HELP MAINTAIN STABLE BLOOD SUGAR LEVELS DURING EXERCISE†
- ELECTROLYTES AND VITAMINS B6 AND B12 TO ASSIST IN ENERGY PRODUCTION, CRAMPING AND MUSCLE BURN†
- CLEAN AND LIGHT FLAVOR FOR EXTENDED TRAINING

FUEL-5™ is a cutting edge, energy and carbohydrate formula made up of 5 different sources of fuel: 4 different types of carbohydrates, and lactate. The proprietary blend of **organic sweet potato**, maltodextrin, dextrose, lactate, and sucrose is designed to give the body its preferred substrate (fuel-enzyme) to promote glycogen synthesis. **FUEL-5™** provides the body with several carbohydrate fuel choices to choose from and is designed to promote fast, quick energy, as well as longer, sustained energy.† The **FUEL-5™** blend also helps maintain stable blood sugar levels during training by utilizing the different forms of carbohydrates. In addition, **FUEL-5™** has both the energy vitamins B6 and B12, electrolytes, magnesium, and calcium to help assist with cellular nutrition balance.†

NON-GMO · DAIRY FREE · PRESERVATIVE FREE · NO STIMULANTS

GUARANTEE: No added wheat, yeast or dairy products. No added preservatives or colors.

WARNING: Do not use if pregnant, nursing, or under the age of 18. Use only as directed. Consult with a doctor before taking this or any other dietary supplement, especially if you have or suspect you may have a medical condition, including but not limited to diabetes or hypoglycemia, or are taking any over the counter products, or other dietary supplements. Immediately discontinue use and consult your doctor if any adverse reactions occur. Maintain adequate hydration during use. Keep out of reach of children. Do not use if package is open. Store in a cool, dry place.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any diseases.

Formulated with pro athlete Camille LeBlanc-Bazinet††

††Camille LeBlanc-Bazinet is a paid sponsor of FUEL-5

 MADE IN THE USA

Manufactured For:
Performance Distribution, LLC
PO Box 8066, Carefree, AZ 85377 US
877-794-0499

LOT 17PW024
EXP

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OPTIMAL DIRECTIONS / PRE WORKOUT
IMMEDIATELY BEFORE WORKOUT

A 2 SCOOPS + 8 OZ WATER

OPTIMAL DIRECTIONS / POST WORKOUT
10-20 MINUTES AFTER WORKOUT

B 1 SCOOP + 4-6 OZ WATER

Combine with XENDURANCE™ PROTEIN for the optimal carbohydrate and protein recovery drink.

Supplement Facts

Serving Size: 18 g (1 Scoop), 36 g (2 Scoops)
Servings Per Container: 40 (1 Scoop), 20 (2 Scoops)

	Amount Per Serving (2 Scoops)	% Daily Value*	Amount Per Serving (1 Scoop)	% Daily Value*
Calories	190		95	
Total Carbohydrate	34 g	12%	17 g	6%
Sugar	5.5 g	**	2.75 g	**
Niacin	10 mg	50%	5 mg	25%
Vitamin B6	2 mg	100%	1 mg	50%
Vitamin B12	6 mcg	100%	3 mcg	50%
Calcium (from Calcium Lactate)	34 mg	4%	17 mg	2%
Magnesium (from Magnesium Lactate)	153 mg	38%	77 mg	19%
Sodium (from Sodium Chloride)	16 mg	1%	8 mg	<1%
Lactate (from Calcium Lactate & Magnesium Lactate)	1000 mg	**	500 mg	**
Proprietary Carbohydrate Complex: (Organic Sweet Potato, Maltodextrin, Dextrose, Sucrose)	34 g	12%	17 g	6%

* Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established

Other Ingredients: Natural and Artificial Berry & Strawberry Flavors, Stevia