

SUGGESTED USE:

As a dietary supplement, take two (2) gummies per day or as directed by your health care professional.

CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



X002G8D7W3

LOT# and Expiration date printed on bottom of Bottle. V2R0

Purely Optimal

HAIR VITAMINS

 WITH BIOTIN & FOLIC ACID

BERRY FLAVOR



- ✓ SUPPORTS HAIR GROWTH*
- ✓ LONG, STRONG, & THICK HAIR*
- ✓ NOURISHES HAIR FROM WITHIN*
- ✓ HEALTHY HAIR, SKIN & NAILS



Supplement Facts

Serving Size: 2 Pieces
Servings Per Container: 30

	Amount Per Serving	%DV
Calories: 15		
Total Carbohydrates	4.4g	2%
Sugar	3g	**
Vitamin A (as Retinol Acetate)	2100IU	42%
Vitamin C (as Ascorbic Acid)	20mg	33%
Vitamin D (as Cholecalciferol)	400IU	100%
Vitamin E (as DL-alpha-tocopherol-acetate)	16.5IU	55%
Vitamin B6 (as Pyridoxine HCL)	2mg	100%
Folic Acid	260mcg	65%
Vitamin B12 (as Cyanocobalamin)	6mcg	100%
Biotin	5000 mcg	1667%
Pantothenic Acid (as Calcium D-Pantothenate)	5.2mg	52%
Iodine (as Potassium Iodide)	42mcg	28%
Zinc (as Zinc Citrate)	2.7mg	18%
Choline (as Choline Bitartrate)	40mcg	**
Inositol	40mcg	**

† Percent Daily Value is base on a 2,000 calorie diet

**Daily Value (DV) not established.

Other Ingredients:

Glucose Syrup, Sugar, Glucose, Pectin, Citric Acid, Sodium Citrate, Titanium Dioxide, Vegetable Oil (Contains Carnauba Wax), Natural Raspberry Flavour, Purple Carrot Juice Concentrate, Natural Blueberry Flavour, Allura Red (E129 FD&C Red No.40).
Contains: Tree Nut

Purely Optimal
www.purelyoptimal.com

Distributed By:
Purely Optimal Nutrition Inc.
San Jose, CA 95132, USA
1-800-738-6018
support@purelyoptimal.com