



Directions: As a dietary supplement take two or more capsules daily. Take with or before a meal.

Supplement Facts

Serving Size 2 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value
Proprietary blend	500 mg
Wild high-mountain oregano blend (P73)	*
Wild mountainous sage	*
Cumin (high-mountain blend)	*
Cinnamon powder	*
Ginger powder	*

* Daily value not established.

Other ingredients: Natural flavors, vegetable gelatin.