

SUGGESTED USE:

Take one capsule per day. Take DIM with food and a full glass of water.

CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.



X00217D5SP

LOT# and Expiration date printed on bottom of Bottle. V1R0

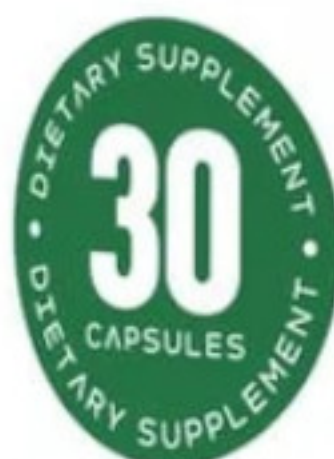
Purely Optimal®

DIM

+ BIOPERINE®

EXTRA STRENGTH

DIINDOLYLMETHANE



- ✓ SUPPORTS ESTROGEN METABOLISM*
- ✓ PREVENTS OXIDATIVE CELL DAMAGE*
- ✓ PROMOTES HEALTHY IMMUNE SYSTEM*
- ✓ SUPPORTS LEAN MUSCLE MASS*



Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

	Amount Per Serving	%DV
DIM (Diindolylmethane)	250 mg	†
BioPerine®	5 mg	†

† Daily Value not established (DV).

Other Ingredients: Vegetable Cellulose (capsule), Rice Flour, and Silicon Dioxide.

BioPerine® is a registered trademark of Sabinsa Corporation

Purely Optimal®

Distributed By:

Purely Optimal Nutrition Inc.

San Jose, CA 95132, USA

1-800-738-6018

support@purelyoptimal.com

www.purelyoptimal.com