

### SUGGESTED USE:

As a dietary supplement, take two (2) capsules once a day or as directed by your health care professional.

### CAUTION:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.  
STORE IN A COOL, DRY PLACE.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



X002I88J97

LOT# and Expiration date printed on bottom of Bottle. V1R0

**Purely Optimal®**

# BRAIN BOOSTER

**WITH ALPHA-GPC & LION'S MANE**

**POTENT NOOTROPIC\***



- ✓ PROMOTES CLARITY & FOCUS\*
- ✓ SUPPORTS COGNITIVE FUNCTION\*
- ✓ ENHANCES MEMORY RETENTION\*
- ✓ IMPROVES OVERALL MOOD\*

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

|                                                    | Amount Per Serving | %DV    |
|----------------------------------------------------|--------------------|--------|
| Vitamin B12 (as Methylcobalamin)                   | 400 mcg            | 16667% |
| Vitamin B6 (as Pyridoxine HCl)                     | 2 mg               | 118%   |
| Magnesium (as Magnesium Oxide)                     | 50 mg              | 12%    |
| <b>Focus Support Complex</b>                       |                    |        |
| Dimethylaminoethanol Bitartrate (DMAE Bitartrate)  | 20 mg              | **     |
| Artichoke (Leaf) Extract (5% Cynarin)              | 25 mg              | **     |
| L-Taurine                                          | 50 mg              | **     |
| L-Theanine                                         | 50 mg              | **     |
| <b>Memory Support Complex</b>                      |                    |        |
| Fish Oil Powder (14% Docosaheaxaenoic Acid (DHA))  | 20 mg              | **     |
| Rhodiola (Root) Extract                            | 30 mg              | **     |
| Ginkgo (Leaf)                                      | 75 mg              | **     |
| Soy Bean Extract (20% Phosphatidylserine)          | 100 mg             | **     |
| Acetyl L-Carnitine HCl                             | 100 mg             | **     |
| Acetyl L-Tyrosine                                  | 100 mg             | **     |
| <b>Brain Energy Support Complex</b>                |                    |        |
| Huperzia Serrata Extract (Aerial)(1% Huperzine A)  | 200 mcg            | **     |
| Pyrroloquinoline Quinone (PQQ) Disodium Salt       | 5 mg               | **     |
| Ashwagandha (Root)                                 | 100 mg             | **     |
| Bacopa Herb Extract                                | 100 mg             | **     |
| Alpha-Glycerophosphocholine 50%                    | 250 mg             | **     |
| Lion's Mane Mushroom ( <i>Hericium erinaceus</i> ) | 400 mg             | **     |

\*\* Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable Cellulose (Capsule), Magnesium Stearate, Silicon Dioxide, Microcrystalline Cellulose  
ALLERGEN: Contains Soy and Fish  
Manufactured in a facility that also processes milk, eggs, and nuts.

**Purely Optimal®**  
www.purelyoptimal.com

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