

CRYSTAL STAR®
ESTD ★ 1978

WOMEN'S BEST FRIEND

MENSTRUAL
SUPPORT

17
WHOLE
HERBS

120
VEGETARIAN
CAPSULES



DIETARY SUPPLEMENT

★ HELPS RELIEVE CRAMPS
& BLOATING*

★ HELPS REGULATE
MENSTRUAL CYCLE*

★ CRAMP BARK & RED
RASPBERRY

SUGGESTED USE

Take 2 capsules, 2-3 times daily, during
menstruation as needed.

LOT#/EXP: SEE BOTTOM OF BOTTLE

*These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

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CA RESIDENTS: WARNING: ⚠️ CANCER AND
REPRODUCTIVE HARM WWW.P65WARNINGS.CA.GOV

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Proprietary Herbal Blend	1.3g	†

Goldenseal (Root), Jamaica Dogwood (Bark), Uva Ursi
(Leaf), Wild Yam (Root), Red Raspberry (Leaf), Cramp
Bark, Ginger, Lobelia (Leaf), Dong Quai (Root),
Sarsaparilla (Root), Cultivated False Unicorn, European
Peony (Root), Blessed Thistle (Aerial), Rehmannia (Root),
Hawthorn (Leaf, Berry, Bark), Bladderwrack (Leaf), Arame

† Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian
Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises, LLC.
Minneapolis, MN | (800) 736-6015

Warning: Do not use if pregnant or nursing. Consult a health care
professional prior to use if you have any pre-existing medical
conditions or are taking any prescription medication. Do not use
if tamper proof seal is damaged or missing. Keep out of reach
of children.

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