Recommended Use or Purpose: This product stimulates muscle protein recovery and decreases exercise-induced muscle breakdown.

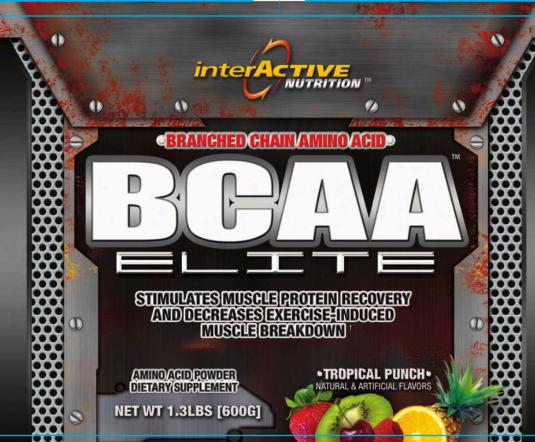
Consult a health care practitioner for long-term consumption.

Cautions: Not intended for children, pregnant or breastfeeding women. People with health conditions should consult a health care practitioner before consuming this product. Do not use if the security seal is broken. Store in a cool and dry place. Keep away from children.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Produced in a facility that uses ingredients which may contain milk, egg, soy, wheat, peanut, fish and shellfish.





Direction for Use: Dose (Adults): Mix one scoop (20g) in 8.5oz (250mL) of water and consume immediately. Take one serving prior to exercise and one serving following exercise.

Supplement Facts

Serving Size 1 scoop (20 grams) Servings per container: 30

Amount Per Serving

5g
5g'
2.5g
0.016g
0.002g

Other ingredients: Maltodextrin, Citric Acid, Monosodium Phosphate, Dipotassium Phosphate, Sucralose, Acesulfame Potassium, Natural and Artificial Flavor. FD&C Red #40.

Manufactured for:

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Made in Canada

