

CRYSTAL STAR®
ESTD ★ 1978

RELAX

CALM THE
NERVES

11

WHOLE
HERBS

60

VEGETARIAN
CAPSULES



DIETARY SUPPLEMENT

★ HELPS OCCASIONAL
ANXIETY*

★ COMBATS STRESS*

★ ASHWAGANDHA &
SKULLCAP

SUGGESTED USE

Take 2 capsules, 2-3 times daily, as needed.

LOT#/EXP: SEE BOTTOM OF BOTTLE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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CA RESIDENTS: WARNING: ⚠️ CANCER AND
REPRODUCTIVE HARM WWW.P65WARNINGS.CA.GOV

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Proprietary Herbal Blend	1.3g	†

Ashwagandha (Root), American Skullcap, Kava Kava (Root), Cramp Bark, Hops (Flower), Wood Betony, Black Cohosh (Root), Valerian (Root), Lobelia (Leaf), Oatstraw, European Mistletoe

† Daily Value not established

Other ingredients: Certified Organic Brown Rice and Vegetarian Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises, LLC.
Minneapolis, MN | (800) 736-6015

Warning: Do not use if tamper proof seal is damaged or missing. US FDA advises that a potential risk of rare, but severe, liver injury may be associated with kava-containing dietary supplements. Products containing Kava Kava Root are not recommended for use by persons under the age of 18. If pregnant, nursing or taking a prescription drug, consult a health care professional prior to use. Do not exceed recommended dose. Excessive use may impair ability to drive or operate heavy equipment. Not recommended for use with alcoholic beverages. Keep out of reach of children. For additional warning information, please visit product page on our website.

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