

CRYSTAL STAR®
ESTD ★ 1978

NIGHT CAPS

RESTFUL
SLEEP

8

WHOLE
HERBS

60

VEGETARIAN
CAPSULES



DIETARY SUPPLEMENT

★ PROMOTES A HEALTHY
SLEEP CYCLE*

★ NO MORNING
DROWSINESS*

★ VALERIAN & POPPY

SUGGESTED USE

Take 2 capsules about 1/2 hour before
bedtime.

LOT#/EXP: SEE BOTTOM OF BOTTLE

*These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure or prevent any disease.

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CA RESIDENTS: WARNING: ⚠️ CANCER AND
REPRODUCTIVE HARM WWW.P65WARNINGS.CA.GOV

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Proprietary Herbal Blend	1.3g	†
Valerian (Root), American Skullcap, Passion Flower, California Poppy (Aerial), Kava Kava (Root), Oat Straw, Gotu Kola, Hops (Flower), Taurine, GABA		
† Daily Value not established		

Other ingredients: Certified Organic Brown Rice and Vegetarian
Capsule (vegetable cellulose and water)

Manufactured for Healthy Healing Enterprises, LLC.
Minneapolis, MN | (800) 736-6015

Warning: Do not use if tamper proof seal is damaged or missing. US
FDA advises that a potential risk of rare, but severe, liver injury may
be associated with kava-containing dietary supplements. Products
containing Kava Kava Root are not recommended for use by
persons under the age of 18. If pregnant, nursing or taking a
prescription drug, consult a health care professional prior to use. Do
not exceed recommended dose. Excessive use may impair ability to
drive or operate heavy equipment. Not recommended for use with
alcoholic beverages. Keep out of reach of children. For additional
warning information, please visit product page on our website.

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